## Health Advocate\*



## Your Lifeline for Employee Assistance

The EAP can offer support when you're dealing with:

- **►** Emotional distress
- ► Health care concerns
- ► Family/personal relationship issues
- ► Work relationship issues
- ► Major life events, including births, accidents and deaths
- ► Concerns about aging parents
- ► Finding childcare and eldercare
- ► Substance abuse

## **ALWAYS THERE WHEN YOU NEED THEM**

This confidential service is available 24/7/365. To get the help you need, call Health Advocate at:

1-877-583-8787

