



# The Hess Rules



## ENERGY ISOLATION

Stored energy sources shall be identified, isolated, tested and communicated to appropriate personnel before work shall proceed.



## LIFTING & HOISTING

Lifting and Hoisting operations shall be correctly planned, thoroughly risk assessed and carried out by qualified personnel using certified equipment which has been pre-use inspected and is appropriate to the lifting operation it will be used on.



## WORKING AT HEIGHTS

Personal fall protection equipment shall be worn when working 6 feet (1.8m) or higher above ground.



## CONFINED SPACE ENTRY

Confined spaces shall not be entered unless authorized by written permit.



## HOT WORK

A written work permit is required for all hot work outside of designated safe areas.



## EXCAVATION & TRENCHING

All excavation and trenching work greater than 4 feet (1.2m) deep requires written approval.



## LAND TRANSPORTATION

Identify all driving threats associated with motor vehicle activity prior to putting motor vehicle in motion.



## SAFETY SYSTEM BYPASS

Authorization shall be attained before bypassing safety systems.



## DROPPED OBJECT PREVENTION

Appropriate precautions shall be taken in every task to identify, eliminate or control potential dropped objects.

